

WHAT IS TENNIS ELBOW?

Tennis elbow (lateral epicondylitis) is a condition in which there is pain where the tendons from the forearm extensor muscles attach to the bony prominence on the outside of the elbow (lateral epicondyle). ... Another condition - golfer's elbow - results in pain on the inside of the elbow.

CAUSES OF TENNIS ELBOW

It often occurs due to overusing the forearm muscles and tendons and those around the elbow joint. Tennis elbow is also known as lateral elbow pain or lateral epicondylitis and is not necessarily related to tennis. However, tennis players often develop the condition because it stems from repetitive muscle use.

SYMPTOMS OF TENNIS ELBOW

The pain associated with tennis elbow may radiate from the outside of your elbow into your forearm and wrist. Pain and weakness may make it difficult to: Shake hands or grip an object.

NEUROTHErapy TREATMENT

Acid treatment formula
Tenniselbowtreatment